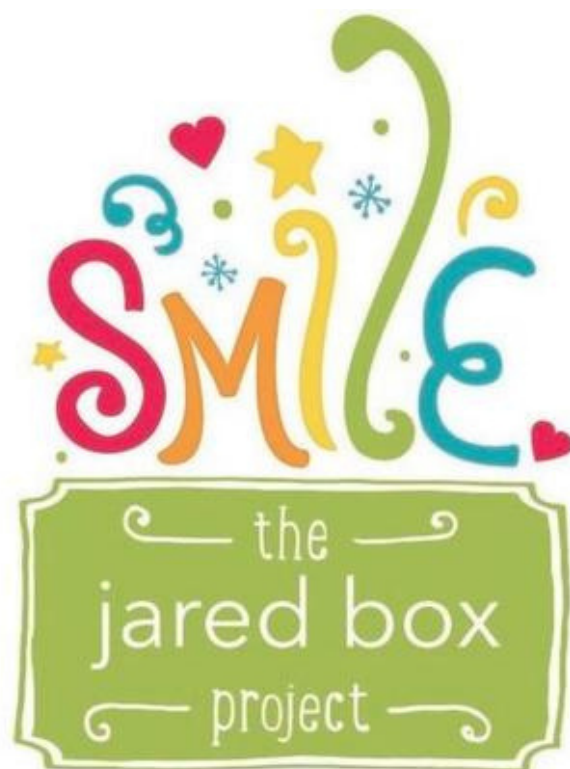


Girl Scout
Cadettes
Science of Happiness

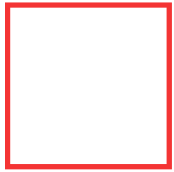


Activity - Creating Jared Boxes



Step 1

Explain what Jared Boxes are

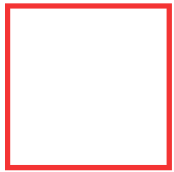


Jared's Story

Talk to the girls and explain to them how Jared Boxes got started. Why are we making boxes today? How does this connect to making yourself and others happy?

Step 2

Gather materials to make Jared Boxes

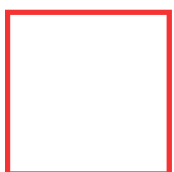


Sorting

Leaders should print out labels and notecards from the Jared Box website prior. Spread out all of the toys and other objects across a table. Organize them by type. Have the girls help and start thinking about what they would want to receive or what younger kids would want if they were in the hospital.

Step 3

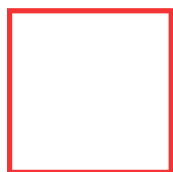
Show the girls how to make Jared Boxes



How To

Show the girls live how to make a Jared Box, or use videos located on the Jared Box website, or the video that came with these lesson plans.

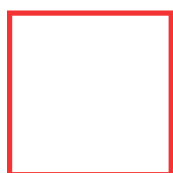
Step 4 Make the boxes



Implementation

Have the girls work individually or small groups of 2 people in order to strengthen their team work skills. Have adults nearby to check that girls are filling the boxes appropriately. Fill the shoe box sized plastic container with toys.

Step 5 Reflect & Connect



Completion

Talk to the girls about what they just did and how this connects to making others happy. How does making a positive impact on other people make you feel? Take a picture of the girls with the boxes to commemorate their hard work and send it to info@thejaredbox.com.

Now that I've earned this badge, I can give service by:

- Making more Jared Boxes at home
- Doing small tasks to make others happy
- Collecting donations for The Jared Box Project

For more information about Jared Boxes, visit
www.thejaredbox.com