

# State College Girl Scouts Summer Outdoor Challenge

June 7, 2021- September 22, 2021

Complete activities from the list to earn the Outdoor Challenge Patch and/or Summer rocker. Daisies should complete 15 items, Brownies/Juniors 20, Cadettes 25, Seniors/Ambassadors 30 items. Submit your completed list by September 23rd to earn the Outdoor Challenge patch and/or Summer rocker.

Name \_\_\_\_\_

Troop Number \_\_\_\_\_

Level \_\_\_\_\_

## Summer Fun

- Have a campfire.
- Take some Summer Photos, post a favorite
- Play on a playground
- Have a Summer Picnic
- Watch a sunset or sunrise and paint a picture
- Swim in a lake
- Swim in a pool - learn to dive
- Swim in the ocean
- Go fishing
- Walk in a creek
- Ride your bike
- Pick your own fruit
- Jump rope with friends - learn some rhymes/jump rope games
- Have a water balloon or water gun fight
- Count lightning bugs
- Build a sandcastle- send us a picture
- Go canoeing, kayaking, or rafting
- Ride a horse
- Eat a vegetable or fruit that you grew yourself.
- Play an outdoor sport
- Decorate your driveway or sidewalk with chalk
- Attend an outdoor day camp or GS day event
- Attend a Girl Scout resident camp
- I did this cool Summer thing \_\_\_\_\_

## Local/Cultural

- Attend an outdoor music or theater performance
- Visit a National Park - take a picture with a park sign

- Visit a State Park - learn when and how the park was established
- Attend a volunteer session at The Arboretum at Penn State or other local site
- Attend an outdoor education session at a local venue. Tell us about what you learned.
- Attend an Ultraviolet Night Hike at Black Moshannon
- Help maintain the Girl Scout plot at Snetsinger Butterfly Garden

## Outdoor Skills\*

- Sleep in a tent
- Learn to build a fire
- Learn to start a fire without matches or butane lighter [https://events.dcnr.pa.gov/event/primitive\\_fire\\_starting#.YMYGPqhKhPY](https://events.dcnr.pa.gov/event/primitive_fire_starting#.YMYGPqhKhPY)
- Cook a meal outside
- Hike a distance appropriate for your Girl Scout level
- Learn to pitch and take down two types of tents. Pitch one without adult help.
- Go on an overnight backpacking trip
- Learn to build a dugout, lean to, tarp, or other survival shelter with minimal supplies
- Learn to tie a square knot, clove hitch, bowline, and taut line hitch
- Learn to pioneer. Lash a table, drying rack, or other campsite structure

- Learn how to secure food and maintain safety around local wildlife when primitive camping
- Learn to orienteer. Complete an established course or chart your own. <http://www.wpoc.org/permit.htm>
- Widdle a roasting stick

## Science/Astronomy\*

- Celebrate the Summer Solstice 6/21
- View Full Moon/Supermoon on 6/24
- Watch the Delta Aquarids Meteor Shower July 28-29
- Watch the Perseid Meteor Shower August 12-13
- Stargaze - what constellations do you see?
- Visit a planetarium
- Learn to use a telescope
- Learn to identify poison ivy and what to do if you contact some
- Go birdwatching, identify some local birds
- Choose an environmental issue and learn about its impact in a particular area. Share what you learned with your family or troop.
- Participate in a stream study. What plants and animals live in our local streams?
- Learn about invasive species in our area and how to protect against them

\*Cadettes, Seniors, and Ambassadors must complete at least 3 items from these categories